

SOS CANADA HELPLINES

If you need immediate support call the **Calgary Distress centre** (24/7):

Call: 403-266-HELP

Text "TALK" to: 686868 to text-message with a crisis support person

Nation Wide contact **Crisis Services Canada:**

Call: 1-833-456-4566 (24/7)

Send a Text to: 45645 (2pm-10pm Mountain Time)

24/7 support through **First Nations and Inuit Hope for Wellness Helpline:**

Phone: 1-855-242-3310

Chat Online: <https://www.hopeforwellness.ca/>

If you identify as trans or non-binary you can also call the **Trans Lifeline Canada:**

PHONE 1-877-330-6366

SOS USA HELPLINES

US National Suicide Prevention Lifeline (24/7):

Call: 1-800-273-TALK (8255)

Chat online: <https://suicidepreventionlifeline.org/chat/>

US Crisis Text Line crisistextline.org:

Text "HOME" to: 741741

WhatsApp: <https://wa.me/14437877678?text=HELLO&lang=en>

Facebook: <https://www.facebook.com/crisistextline>

The **Trevor Project** 24/7 support for LGBTQ+ with phone, text and chat available:

Call: 1-866-488-7386

Send a Text to: 678678

Chat Online: <https://www.thetrevorproject.org/get-help/>

If you identify as trans or non-binary you can also call the **Trans Lifeline US:**

Call: 1-877-565-8860

American Veteran's Crisis Line:

Call: 1-800-273-8255 + Press: 1

Send a Text to: 838255

MULTI-FAITH LGBTQ+ AFFIRMING VIDEO RESOURCES:

Christian & Jewish:

Fish Out of Water (1 hour)

<https://www.youtube.com/watch?v=oSQuO8bMNfM>

What The Bible Really Says About Being Gay

<https://www.youtube.com/watch?v=lelcLYj3I3U>

What The Bible Really Says About Being Gay PART II

<https://www.youtube.com/watch?v=frGJH3-4UFA>

Matthew Vines/God and the Gay Christian (5 minutes)

<https://www.youtube.com/watch?v=gmp6lLct-fQ>

Transgender Theological Foundations for Affirmation, with Austen Hartke.

<https://youtu.be/rzAtY9XwKc8>

Megan Rohrer - I Am Beautiful (4 minutes)

https://www.youtube.com/watch?v=vffST19BXX0&ab_channel=Cosmopolitan

Islam:

Amrou Al-Kadhi (18 minutes)

https://www.ted.com/talks/amrou_al_kadhi_what_quantum_physics_taught_me_about_my_queer_islamic_identity

Queer & Muslim: Nothing to Reconcile | Blair Imani (8 min)

https://www.youtube.com/watch?v=8lhaGUImO_k

Imam Daayiee Abdullah, Islam and Homosexuality (18 minutes)

<https://youtu.be/UfpwLC-bVMw>

Queer & Muslim: Wazina Zondon (2min35sec)

<https://youtu.be/WfuC1RvB9yo>

Samra Habib on the news (4min25sec):

<https://youtu.be/9K1LLpPYcWY>

We Resist: A Queer Muslim Perspective: El-Farouk Khaki (17min)

<https://youtu.be/bXydVaieYdo>

Brown, trans, queer, muslim and proud: Sabah Choudrey (15min)

<https://youtu.be/w6hxrZW6I9I>

FURTHER ONLINE RESOURCES

Affirming Faith Resources

Affirm United <https://affirmunited.ause.ca/>

Affirming Connections <https://affirmingconnections.com/resources>

Austen Hartke Trans & Christian: <http://austenhartke.com/trans-faith-resources>

Queer Grace: <http://queergrace.com/>

Transfaith: <https://www.transfaith.info/>

Queer Theology: <https://www.queertheology.com/>

Student Christian Movement: <https://scmcanada.org/queer-resources/>

Islam:

El-Tawaid Juma Circle: <http://www.jumacircle.com/>

Salaam Canada <https://www.salaamcanada.info/>

Judaism:

Keshet <https://www.keshetonline.org/>

JQ International <https://jqinternational.org/>

2SLGBTQIA+ General Resources:

<https://rainbowresourcecentre.org/>

<https://www.hrc.org/resources>

<https://www.glaad.org/resourcelist>

<https://www.thetrevorproject.org/resources/>

<https://qmunity.ca/learn/resources/>

Transgender Resources

<https://www.transgendermap.com/resources/canada/>

Two-Spirit

<https://twospiritjournal.com/>

<https://sogi.educ.ubc.ca/indigenous-two-spirit-resources/>

For Parents and Families of LGBTQIA+:

<https://pflagcanada.ca/>

<http://www.imatyfa.org/parents.html>

<https://www.genderspectrum.org/audiences/parents-and-family>

<http://www.leadwithlovefilm.com/>

Conversion Therapy

<https://www.noconversioncanada.com/>

https://www.cbrc.net/conversion_therapy_sogiece

<https://bornperfect.org/>

LGBTQ+ Refugee support

<https://www.rainbowrailroad.org/>

<https://www.rainbowrefugee.com/>

<https://globalphilanthropyproject.org;>

[Dignity For All Emergency Assistance Program \(Global\)](#)

<https://frontlineaids.org/our-work-includes/rapid-response-fund/apply/>

AFFIRMING SERMONS:

- 04-15-18 ***Love is Full Spectrum Reflection: [Keith Murray](#)***
Hillhurst United Church, Calgary AB
- 09-02-18 ***Living Life As if We Were Proud Reflection: [Keith Murray](#).***
Hillhurst United Church, Calgary AB
- 12-02-18 ***HOPE Reflection: [Keith Murray, World AIDS Day](#).***
Hillhurst United Church, Calgary AB
- 04-07-19 ***All is Full of Love Reflection: [Keith Murray: 10th Anniversary Affirming Sunday](#)***
Hillhurst United Church, Calgary AB
- 03-17-19 ***Reel Theology - Boy Erased: [Kim Follis, Pam Rocker, Don McLeod and Keith Murray](#)***
Hillhurst United Church, Calgary AB
- 09-01-19 ***Pride Sunday: The Day the Crayons Quit Reflection: [Keith Murray](#)***
Hillhurst United Church, Calgary AB
- 02-23-20 ***Transfiguration Sunday Reflection: [Keith Murray](#)***
Together We Worship, togetherweworship.ca
- 05-31-20 ***Affirming Sunday Reflection: [Keith Murray](#)***
Hillhurst United Church, Calgary AB
- 11-29-21 ***Bible Story Re-Runs: Joseph & the Coat of Many Colours [Reflection: Keith Murray](#)***
Hillhurst United Church, Calgary AB