

# FIRE AND GRACE

Contemplative Group

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## 2009 Schedule, January - April

"A YEAR OF SPIRITUAL PRACTICE"

Worship 6.15 pm. / Study 7 - 8 pm.

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**Jan 7** Wild Rose United Church (WRUC)- *Worship: "Epiphany" / Study: Introduction to themes of 2009, & "Rule of Life"*

**Jan 14** WRUC - *Worship / Contemplative Conversation*

**Jan 21** Hillhurst United Church (HUC)- *Worship / Text Study: excerpts from Living Presence by Kabir Helminski*

**Jan 28** HUC - *Worship / Reflections on the Journey*

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**Feb 4** WRUC - *Worship / Spiritual Discipline of Meditation & Prayer*

**February 6/7** *Special Event: Centering Prayer Workshop, Wild Rose United Church, \$20 registration*

*7.30 pm Friday - Introduction to Centering Prayer*

*9.30 am Saturday - "Sitting in Prayer," concluded by a light lunch*

**Feb 11** WRUC - *Worship / Contemplative Conversation*

**Feb 18** HUC - *Worship / Text Study: excerpts from Praying Dangerously, by Regina Sara Ryan*

**Feb 25** HUC - *Worship "Ash Wednesday" / Open House & "Double Sit"*

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**March 4** WRUC - *Worship "The Season of Lent " / Spiritual Discipline: Fasting*

*Special Event: March 7, WRUC, 9.30 am. - Saturday Morning Double Sit*

**March 11** WRUC - *Worship "Lent" / Contemplative Dialogue*

*Special Event: March 14, WRUC, 9.30 am. - Saturday Morning Double Sit*

**March 18** HUC - *Worship "Lent " / Text Study: excerpts from The New Earth by Eckhart Tolle*

*Special Event: March 21, HUC, 9.30 am. - Saturday Morning Double Sit*

**March 25** HUC - Worship "Lent" / Reflections on the Journey

*Special Event: March 28, HUC, 9.30 am. - Saturday Morning Double Sit*

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*NOTE: Through April, all gatherings are at Wild Rose United Church.*

**April 1** WRUC - Worship "Lent" / Spiritual Discipline of Study

*Special Event: April 4, WRUC, 9.30 am. - Saturday Morning Double Sit*

**April 8** WRUC - Worship "Lent" / Contemplative Conversation

*Special Event: Good Friday Retreat, Location TBA*

*Special Event: Saturday Vigil, Scarboro United Church / Wild Rose United Church*

**April 15** WRUC - Worship "Easter" / Text Study: excerpts from Lost Christianity by Jacob Needleman

**April 22** WRUC - Worship "Easter" / Reflections on the Journey

**April 29** ... No Worship